

Social

Boys Only! (10-13 yrs)

This program teaches life skills and fun to boys from 10-13 years old. Come and have a great time and remember its Boys Only!

Instructor: Miles Belli-Singh

Th Jan 10-Mar 14 4:30 pm-6:30 pm
188964 \$15/10 sess

Girls Club! (10-13 yrs)

This program teaches life skills and fun to girls from 10-13 years old. Come and have a great time and remember its JUST GIRLS!

Instructor: Tamara Morrison

Tu Jan 08-Mar 12 5:30 pm-7:30 pm
188982 \$15/10 sess

Gamer Nation

Tuesday (10-13 yrs)

Calling all gamers! whether its board games, foose ball, air hockey, or videogames, come and see if you are the ultimate gamer!

Instructor: Tamara Morrison

Tu Jan 08-Mar 12 3:00 pm-4:15 pm
188981 Free/10 sess

Gamer Nation

Thursday (10-13 yrs)

Calling all gamers! whether its board games, foose ball, air hockey, or videogames, come and see if you are the ultimate gamer!

Instructor: Miles Belli-Singh

Th Jan 10-Mar 14 3:00 pm-4:15 pm
188980 Free/10 sess

Social

Spring Break - Youth Explorations Week 1 (12-18 yrs)

Spring Break is here! Register for trips, cooking and a lot of FUN!

Instructor: Youth Leader

Tu W F Mar 19-Mar 22 1:00 pm-5:00 pm
188959 \$50/3 sess

Spring Break - Youth Explorations Week 2 (12-18 yrs)

Spring Break is here! Register for trips, cooking and a lot of FUN!

Instructor: Youth Leader

Tu W F Mar 26-Mar 29 1:00 pm-5:00 pm
193561 \$50/3 sess

Education

Youth Workshop Series - Babysitting Course (11-18 yrs)

Babysitting course covers everything from managing difficult behaviours to essential content on leadership and professional conduct as a babysitter.

Instructor: Youth Leader

Su Feb 10 9:00 am-4:30 pm
188994 \$69

Cooking



Iron Chefs of FCCC (12-18 yrs)

Learn how to take regular food items in your fridge and cupboards and make the ultimate snack! We are going to use these items and take them to the next level!

Instructor: Youth Leader

Sa Jan 12-Mar 16 11:30 am-1:00 pm
188983 \$15/10 sess

Sports

Variety Sports! (8-13 yrs)

Come join us in the gym for various sports such as Dodgeball, Soccer, and Handball! Check the schedule to see what we are playing!

Instructor: Youth Leader

F Jan 11-Mar 15 4:00 pm-5:00 pm
188990 Free/10 sess

Drop In Hockey (8-13 yrs)

Come join our drop-in hockey program and get moving. Every Tuesday we will rock the Mini-Gym with both team and shootout style Hockey. Bring your friends, bring your skills, and bring your best slap shot! Drop-in only. This program is free

Instructor: TBA Instructor

Tu Jan 08-Mar 12 4:00 pm-5:00 pm
188940 Free/10 sess

Youth Gym Drop-in (10-13 yrs)

Calling all teens! Are you looking for a place to practice you skills? Maybe play a quick game with your friends. Come down to False Creek on Wednesday nights for a gym time that is youth only!

Instructor: Youth Leader

W Jan 09-Mar 13 5:00 pm-6:15 pm
188942 Free/10 sess



At Home Alone and First Aid for Kids (10-14 yrs)

This fun and active workshop helps prepare children to be at home alone and to respond to medical emergencies. Important skills are learned through interactive lessons and role play that help make both you and your child more confident when they are at home alone.

Instructor: Kidproof Safety

Sa Feb 24 10:00 AM-2:30 PM
192400 \$40/1 sess

Bully Proofing (7-11 yrs)

This child safety program is designed to be preventative and proactive, so that children can avoid being bullied, and if they are bullied, know how to stop it.

Instructor: Kidproof Safety

Sa Jan 19 10:30 AM-12:30 PM
192429 \$25/1 sess

Stranger Smarts (7-11 yrs)

Stranger Smarts is a dynamic, non-threatening essential workshop that captures the attention of students and teaches them how to make safe choices when approached by strangers.

Instructor: Kidproof Safety

Sa Mar 16 10:30 AM-12:30 PM
192434 \$25/1 sess

Never BEE Lost **NEW** (4-7 yrs)

When a child is lost, seconds count. What a child does, and most importantly how prepared they are for the situation, can make the difference in their overall safety.

Instructor: Kidproof Safety

Sa Jan 19 12:45 PM-1:45 PM
197751 \$15/1 sess

Sa Mar 16 12:45 PM-1:45 PM
197752 \$15/1 sess



Volunteering at FCCC (12-18 yrs)

Do you want to gain leadership experience, get hours for graduation and learn new skills? We are currently seeking volunteers for:

- Birthday Parties (Saturdays & Sundays)
- Parent & Tot Gym (Sundays)
- Special Events & Day Camps
- Youth Programs
- The Water Ways Café

If interested in any of these volunteer positions or others, please complete a form from our website. <https://falsecreekcc.ca/youth/>
You will find the form on the bottom of the page.



YVP - Youth Volunteer Program (12-18 yrs)

If you are 12-18 years old and want to gain valuable experience, prepare yourself for a job, or need hours for school. Join and volunteer with other youth, running events and activities for kids, decorating the centre, helping with special events. Jason always has snacks on hand and will write reference letters for youth who dedicate a significant amount of time to volunteering at the Creek. Instructor: Youth Leader

Instructor: Youth Leader

Tu Jan 08-Mar 12 5:00 pm-6:00 pm

188941 Free



Water Ways Café

Hungry? Could you use a snack or an ice cold drink?

Come to the Water Ways Café!

We have cold treats, iced drinks, candy, and some great hot food choices

Please see the Café in September, located across the False Creek Centre main office for dates and times!

Community Youth Development at False Creek CC

Youth services at False Creek Community Centre is a partnership between the Vancouver Board of Parks and Recreation and the False Creek Community Association.

The Youth Leader at False Creek Community Centre focuses on developing programs that reflects the principles of the CYD in the City of Vancouver; assessable, collaborative, and inclusive. Youth are involved with volunteer opportunities, social activities and program planning in a respectful atmosphere where they are able to implement and work on their decision making skills

FRIDAY NIGHT LIVE

Our Friday night out-trips will get you off your sofa and on the road. Please note, a completed consent form and pre-registration is required for all out trips. Friday Night LIVE in-house activities are free, fun-filled evenings, with a different flavour of fun each week. No registration or consent required for free event nights. Please complete a consent form for all out-trips. Forms can be found at www.falsecreekcc.ca/youth.htm

Pre-teen (10-13 yrs) Instructor: Tamara / Jay Jay

188939	Big Screen Games Night	11-Jan	Welcome back come Kick off Winter with our video games night. We will have Wii games and indoor games all night! Come and have an electronic blast with us. Feel free to bring your own games and controllers so we can have as many people playing as possible. 6:00-9:00pm Free
188943	Knock Em Down Bowling	18-Jan	Double handed, through the legs release... and it's a strike! We will be heading downtown to go bowling!! 5 pins will be screaming your name 5:30-9:00pm \$15
188966	Big Screen Movie Night	25-Jan	We got the BIG SCREEN, BIG SOUND, BIG FUN movie of the season for Friday Night Live. We will vote on movies before playing. See you there! 6:00-9:00pm Free
188968	Gym sports and Games	1-Feb	Its time for some Sports and Games in the mini gym and games room. There will be a surprise snack too! 6:00-9:00pm Free
188949	Cupid's Masquerade Dance	8-Feb	Come with your mask to our annual masquerade dance! The person wearing the best mask will win an awesome prize.. 6:30-8:00pm \$3 or \$5 on the day of
188973	Grilled Cheese and Fries	15-Feb	Let make some food! come and play some games and make some grilled cheese and fries 6:00-9:00pm \$2
188953	Ice Skating	22-Feb	We will be heading to Kitsilano Rink to skate up a storm. Whether you are a complete beginner or the next Patrick Chan, this trip will be totally "cool". Bring your gloves and a warm jacket! 5:30-9:00pm \$6
188978	Watermania	1-Mar	We are going swimming at one of the best wave pools in town! Watermania...here we come! 5:30-9:00pm \$12
188976	Worldcup Soccer Tournament	8-Mar	You will represent a country in a 3on3 for the ultimate bragging rights. Rules and teams will be given on the day. Please wear appropriate clothing and shoes to play! 6:00-9:00pm Free
188957	Ultimate Group Games	15-Mar	Come down to FCCC for ultimate group games night! We will be doing a variety of sports, tag, and group games all around the centre. 6:00-9:00pm Free
188975	Silver City Movie	29-Mar	Big Screen! Big Sound! We are heading to SilverCity to catch one of the blockbuster movies of the year! 5:30-9:00pm Free

Teen Friday Night Live! (12-18 yrs) Instructor: Jason

188985	Teen Friday Night Live	Jan 11 – Mar 29	Welcome to the Teen Friday Night Live! in this class we will play in the gym, cook, or volunteer 6:30-8:30pm Free
188989	Downtown Tour & History	25-Jan	Tour of downtown and its history. From amazing architecture to food to shopping! We will also visit the outdoor rink for a skate! 5:30-9:00pm Free
188988	Silver City Movie	15-Feb	Big Screen! Big Sound! We are heading to SilverCity to catch one of the blockbuster movies of the year! 5:30-9:00pm \$15
188986	Hillcrest CC Youth Visit	25-Mar	We are heading to another centre, joining into their Friday night activities! 5:30-9:00pm \$6