

Winter Day Camps

Sportball Multi-Sport Camp (3-5 yrs)

Sportball's action-packed camps introduce children to a variety of ball sports, games and activities PLUS arts and crafts, snack time, stories, music, co-operative games and more!

Instructor: Sportball Vancouver

W Th F Jan 2-Jan 4 10:30 AM-12:30 PM

[177442](#)

\$102/3 sess

Sportball Multi-Sport Camp (4-6 yrs)

Sportball's action-packed camps introduce children to a variety of ball sports, games and activities PLUS arts and crafts, snack time, stories, music, co-operative games and more!

Instructor: Sportball Vancouver

W Th F Jan 2-Jan 4 1:00 PM-3:00 PM

[178007](#)

\$102/3 sess

Bricks 4 Kidz Lego Superhero Academy (5-10 yrs)

It's a bird! It's a plane! It's...Learn the art of the Superhero at Superhero Academy! Join the Avengers as they conquer evil and lurk in the shadows with the Bat Clan. But be warned, as a superhero there is no fame, no fun, and no fortune? Only justice! All students go home with a custom-made Minifigure.

Instructor: Bricks 4 Kidz Vancouver

W Th F Jan 2-Jan 4 1:00 PM-4:00 PM

[177993](#)

\$105/3 sess

Bricks 4 Kidz Ninja extreme (5-10 yrs)

Ninjas...GO! Get ready to use your Spinjitzu skills to fight for honor and establish peace. Carry the legacy of spectacular Ninja skill with honor, self-discipline, and courage. We will build ninja vehicles, ninja spinning machines, and more! All campers will go home with a custom-made Minifigure.

Instructor: Bricks 4 Kidz Vancouver

W Th F Jan 2-Jan 4 9:30 AM-12:30 PM

[177439](#)

\$105/3 sess

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Spring Break Day Camps



Sportball Floor Hockey and Soccer Camp **NEW** (4-6 yrs)

The ball drops here! Sportball Floor Hockey and Soccer camp introduces fundamental concepts of gameplay and teaches the basic skills required to score with confidence in a supportive, non-competitive environment. Coaches zero in on hockey skills such as passing, shooting, basic positioning, stick handling, and goal tending and soccer skills such as throw-ins, dribbling, trapping and passing in fun, exciting, skill-focused play.

Instructor: Vancouver Sportball

M-F Mar 25-Mar 29 1:15 PM-3:15 PM

[199437](#)

\$170/5 sess

Sportball Multi-Sport Camp (4-6 yrs)

Sportball's action-packed camps introduce children to a variety of ball sports, games and activities PLUS arts and crafts, snack time, stories, music, co-operative games and more! Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork.

Instructor: Vancouver Sportball

M-F Mar 18-Mar 22 1:15 PM-3:15 PM

[199436](#)

\$170/5 sess

Mini Hip Hop Camp (3-5 yrs)

Want to learn how to move to and groove to your favourite tunes? Learn the basic style of hip hop dance in this high energy program. Discover new and exciting moves while learning fun and challenging choreography. Beginners welcome! Leave feeling energized, confident and excited about dance.

Instructor: Vancouver Performing Stars

M-F Mar 18-Mar 22 9:30 AM-11:00 AM

[198534](#)

\$85/5 sess

Dance Fusion Camp (6-9 yrs)

This unique camp includes a ballet warm up followed by jazz and hip hop technique exercises and activities to improve the child's flexibility and strength. The essential dance vocabulary, moves, and styles that every performer should know will be taught in this high-energy, positive, and creative week camp leaving students excited to show you what they have learnt in a mini presentation on the final day. All children must be able to participate without an adult and should bring a small snack and water. Let's Dance!

Instructor: Vancouver Performing Stars

M-F Mar 18-Mar 22 11:05 AM-1:35 PM

[198537](#)

\$125/5 sess



Bricks 4 Kidz Amazing Animals Camp (5-8 yrs)

If you're fascinated by the weird but true, and wild and wacky, then this is the class for you! In this class, kids will spend time discovering the zany biology of amazing animals and build motorized LEGO® models of these curious creatures. All campers go home with a custom-made Minifigure.

Instructor: Bricks 4 Kidz Vancouver

M-F Mar 18-Mar 20 1:00 PM-4:00 PM

[199788](#)

\$175/5 sess

Bricks 4 Kidz Water World Camp (5-10 yrs)

Discover the aquatic world using LEGO®! Our master builders will be exploring the sea, cruising on sailboat models and stopping around the globe to learn about sea critters! All kids will take home a custom-made minifigure!

Instructor: Bricks 4 Kidz Vancouver

M-F Mar 18-Mar 22 9:15 AM-12:15 PM

[199789](#)

\$175/5 sess



Creative Arts & Music

Mini Yogi (3-5 yrs)

Mini Yogi is not your typical Yoga class for kids! This is a recreational program of motor skill activities. Children learn through group tasks and challenges that will allow them to gradually develop an interest for yoga, sports and physical activities. Each class consists of a parkour course that allows the child to execute a wide range of movements including throwing, catching, dancing, rolling and stretching, but their main objective is...to have FUN! Accompanied by parent. Drop in \$14.00 available if space permits.

Instructor: Into Yoga
Th Jan 17-Feb 21 9:30 AM-10:15 AM
 192480 \$77/6 sess
Th Feb 28-Mar 28 9:30 AM-10:15 AM
 192481 \$65/5 sess

Dance Extreme for Girls (7-12 yrs)

Come explore a number of different styles of dance with a variety of guest dance artists. Enjoy energetic exploration of movement in a welcoming and inspiring environment. Styles may include; Hip Hop, Latin Dance, Acrobatic Dance, Musical Theatre, Creative Movement and Bollywood. More info at www.kirbysnelldance.com. \$11/drop-in.

Instructor: Endorphin Rush Dance And Fitness
Tu Jan 15-Mar 12 4:30 PM-5:30 PM
 192435 \$81/9 sess

Zumbini (0-4 yrs)

Sing, dance and play as you bond with your child! Created by Zumba® and BabyFirst for kids ages 0-4, the Zumbini® program combines music, dance and playing instruments for 45 minutes of can't-stop, won't-stop bonding, learning and fun! Each course includes a free Zumbini bundle handed out on the first day. This includes: a plush toy, original songbook and music. Can't wait to sing and dance with you and your little ones soon! Drop-in \$12, if space permits. No class on February 16. www.zumbini.com

Instructor: Maira Daiha
Sa Jan 12-Mar 9 9:30 AM-10:15 AM
 192575 \$115/8 sess

Acrobatic Dance (4-7 yrs)

Leap, twirl and spin in this high energy class which involves ribbons, hoops and other fun props. Great for coordination, balance and kids learn fun new tricks to show to friends and family. No class on February 16. More info at www.kirbysnelldance.com. \$10/drop-in.

Instructor: Endorphin Rush Dance And Fitness
Sa Jan 12-Mar 16 10:45 AM-11:30 AM
 192397 \$76.5/9 sess

Little Ballerinas (3-7 yrs)

Young ballerinas explore the fun and beauty of ballet while learning the basic techniques. They will love playing with their creative expression in this fun class. Children must be able to participate without a parent in the room. There will be a presentation for parents/family on the last day. More info: www.kirbysnelldance.com. \$10/drop-in if space permits. No class February 16.

Instructor: Endorphin Rush Dance And Fitness
3-4 yrs
Sa Jan 12-Mar 16 9:15 AM-10:00 AM
 192470 \$76.50/9 sess
5-7 yrs
Sa Jan 12-Mar 16 10:00 AM-10:45 AM
 192471 \$76.50/9 sess



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Family Fun Pottery (4-12 yrs)

Create collaborative clay projects with your child in this fun filled hour while learning a variety of hand building techniques like pinching, slabbing, coiling and slip decoration. We will make a selection of fun and functional pieces to take home when glazed. Our clay and glazes are food safe. Program fee includes clay, glazes and firing. Fee is for one child and one adult. Please register under child's name and bring an apron. Parent participation required.

Instructor: Suling Yuen
Sa Jan 19-Mar 9 10:00 AM-11:30 AM
 192438 \$128/8 sess

Pottery for Kids (8-13 yrs)

This fun class will cover wheel throwing, hand building techniques and methods of decorating and glazing to create one of a kind pieces. No experience required. Please bring an apron.

Instructor: Suling Yuen
Sa Jan 19-Mar 9 12:00 PM-1:30 PM
 192510 \$128/8 sess

Creative Story Time (3-5 yrs)

Story Time with Nadia is an interactive story time program that provides preschool children with the opportunity to hear stories in English, Spanish, and French. Nadia's service focuses primarily on exposing children and their parents to new languages and cultures in a fun, educational, and animated way. The storytelling sessions include the use of props, singing, movement, and arts and crafts making. No class on February 18.

Instructor: TBA Instructor
M Jan 14-Mar 11 10:15 AM-11:00 AM
 200471 \$80/8 sess

Rhythmic Gymnastics (4-12 yrs)

A fun opportunity for your child to experience Rhythmic Gymnastics presented in a recreational style format. Tumble, jump and dance using ribbons, balls, ropes and hoops with instruction provided by a very experienced leader.

Instructor: Daniela Rincon
4-7yrs
Th Jan 10-Mar 14 4:15 PM-5:00 PM
 192534 \$95/10 sess

8-12yrs
Th Jan 10-Mar 14 5:15 PM-6:45 PM
 192535 \$145/10 sess

We don't want to cancel good programs, but...

Programs are cancelled if everyone waits until the last minute to register. The staff, where possible, makes a decisions on activities 4 days prior to the start date. If activities do not meet the minimum required, the program will be postponed or cancelled. **Registration for programs starts on December 5 at 9:00am.**



Music Together (0-5 yrs)

Experience Music Together® learn how to share the joys of music-making and the powerful benefits of having music in your young child's life! Find out how important - and how much fun - your role can be! Our 9 award-winning music collections and research-based curriculum supports parents at home and keeps the music making alive all week! In our mixed age class, each child participates at his or her own level and their natural musicality is nurtured through singing, dancing, listening, watching, and exploring the musical instruments. The whole family is welcome - parents, grandparents, caregivers - for this important family music experience. 45 minutes of pure fun each week! (Parent participation is required. Siblings attend at a reduced tuition rate and children 6 months and under attend free with a registered sibling. \$60 Music Together Licensing fee is non-refundable after the first class.)

Instructor: Joan DeVerteuil

F Jan 4	10:30 AM-11:15 AM	W Jan 9-Mar 13	10:30 AM-11:15 AM	F Jan 11-Mar 15	9:30 AM-10:15 AM
197774	FREE TRIAL	192487	\$170/10 sess	192489	\$170/10 sess
Tu Jan 8-Mar 12	9:30 AM-10:15 AM	W Jan 9-Mar 13	11:30 AM-12:15 PM	F Jan 11-Mar 15	10:30 AM-11:15 AM
192485	\$170/10 sess	192488	\$170/10 sess	192490	\$170/10 sess
Tu Jan 8-Mar 12	10:30 AM-11:15 AM				
192486	\$170/10 sess				

Vancouver Performing Stars

Music and Movement (2-3 yrs)

Join your child in this high energy class full of singing and dancing. We will learn simple songs and beginner dance movement to help build your child's self-confidence and coordination. Music will be provided for at home listening and to encourage these little performers to participate on their own. Visit performingstars.ca for more information. Parent or guardian participation is mandatory.

Instructor: Vancouver Performing Stars

Th Jan 10-Mar 14 10:45 AM-11:30 AM
192484 \$99/10 sess

Parent & Tot Ballet (1-2 yrs)

Introduce your little ones to the world of dance. Classes are designed to encourage little dancers to join in and have fun while dancing with mom or dad. Visit performingstars.ca for more information.

Instructor: Vancouver Performing Stars

Th Jan 10-Mar 14 9:45 AM-10:30 AM
192499 \$99/10 sess

Mini Ballet **NEW** (3-4 yrs)

Introduce your child to the world of ballet. These classes develop coordination, musicality and fluidity of movement while having fun. Increased ballet technique is expected at each progressive level. Appropriate dance shoes and attire please. Child must be able to attend class alone. Children will dance for parents on the last day of class.



Instructor: Vancouver Performing Stars

Th Jan 10-Mar 14 11:45 AM-12:30 PM
192479 \$99/10 sess



Education

Baby Sign Language (0-2 yrs)

Babies understand and can communicate long before they are able to speak. Research shows that babies who learn Sign Language learn quicker and talk earlier. Using songs and games learn how to teach your baby basic American Sign Language (ASL) so they can better convey their wants and needs and relieve unnecessary frustration. The instructor will teach you the signs and songs so you can practice at home. Babies can sleep during class or you can bring some toys. Newborn-24 months.

Instructor: Into Yoga

Tu Feb 26-Mar 26 11:30 AM-12:15 PM
[192401](#) \$64/5 sess

Parents Time Out (19+yrs)

Join your local children's librarians from the Vancouver Public Library for this early literacy workshop that builds on the parenting toolkit by sharing books, songs, and other literacy activities that support your children's daily routines. Meet people, have fun and get inspired about new ways to support your child's learning at home. Childcare not provided.

Instructor: Vancouver Public Library

Sa Feb 2 2:15 PM- 3:45PM
[199814](#) Free

Private Piano Lessons (5+yrs)

Students ages 5 and up, develop your musical ability! Lessons are customized to students level. Select your 1/2 hour lesson on Thursday or Fridays.

Instructor: Monika Oldershaw

Th Jan 10-Mar 14 3:30 PM-8:00 PM
[view online](#) \$200/10 sess

Fr Jan 11-Mar 15 3:30 PM-7:30 PM
[view online](#) \$200/10 sess



Guitar / Recorder / Ukulele Lessons NEW (8+yrs)

Teacher: Rene Hugo Sanchez. Private 30 minute lessons to work at your own level and pace in any of these instruments. The classes are focused on technique, repertoire, basic theory and practicing skills. Participants must provide their own instrument, and a digital tuner (for string instruments). A nylon string guitar is recommended for beginners. Books will be available at the first class for \$15 and up, depending on the instrument, style and level.

Instructor: Rene Hugo-Sanchez

Th Jan 10-Mar 14 4:00 PM-6:30 PM
[view online](#) \$200/10 sess

Private

Guitar Lessons NEW (5+yrs)

Students ages 5 and up, develop your musical ability! Lessons are customized to students level. Select your 1/2 hour lesson on Sundays.

Instructor:

Su Jan 13-Mar 17 9:30 AM-3:30 PM
[view online](#) \$200/10 sess



At Home Alone and First Aid for Kids (10-14 yrs)

This fun and active workshop helps prepare children to be at home alone and to respond to medical emergencies. Important skills are learned through interactive lessons and role play that help make both you and your child more confident when they are at home alone.

Instructor: Kidproof Safety

Sa Feb 24 10:00 AM-2:30 PM
[192400](#) \$40/1 sess

Bully Proofing (7-11 yrs)

This child safety program is designed to be preventative and proactive, so that children can avoid being bullied, and if they are bullied, know how to stop it.

Instructor: Kidproof Safety

Sa Jan 19 10:30 AM-12:30 PM
[192429](#) \$25/1 sess

Stranger Smarts (7-11 yrs)

Stranger Smarts is a dynamic, non-threatening essential workshop that captures the attention of students and teaches them how to make safe choices when approached by strangers.

Instructor: Kidproof Safety

Sa Mar 16 10:30 AM-12:30 PM
[192434](#) \$25/1 sess

Never BEE Lost NEW (4-7 yrs)

When a child is lost, seconds count. What a child does, and most importantly how prepared they are for the situation, can make the difference in their overall safety.

Instructor: Kidproof Safety

Sa Jan 19 12:45 PM-1:45 PM
[197751](#) \$15/1 sess

Sa Mar 16 12:45 PM-1:45 PM
[197752](#) \$15/1 sess



Fitness

Rhythmic Gymnastics (4-12 yrs)

A fun opportunity for your child to experience Rhythmic Gymnastics presented in a recreational style format. Tumble, jump and dance using ribbons, balls, ropes and hoops with instruction provided by a very experienced leader.

Instructor: Daniela Rincon

4-7yrs

Th Jan 10-Mar 14 4:15 PM-5:00 PM
 192534 \$95/10 sess

8-12yrs

Th Jan 10-Mar 14 5:15 PM-6:45 PM
 192535 \$145/10 sess

Zumba Kids Junior (4+yrs)

Calling all kids! Perfect for our younger Zumba® fans! Kids get the chance to be active and jam out to their favorite music. Classes feature kid-friendly routines based on original Zumba choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Zumba Kids helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, cultural awareness. Drop-in \$8.

Instructor: Maira Daiha

F Jan 11-Mar 8 4:00 PM-4:45 PM
 192573 \$63/9 sess

Mom and Baby Barre (19+yrs)

Designed specifically for postpartum women, Fit 4 Two® Mom and Baby Barre focuses on strength, posture, core and flexibility. Inspired by a blend of ballet barre work, strength training, Pilates and yoga, barre style classes use the barre and a variety of equipment. The results, a long, lean and strong body. Pre-mobile babies only please. Drop in \$15.24, if space permits.

Instructor: Fit4Two Van Downtown/False Creek

Th Jan 10-Feb 14 10:00 AM-11:00 AM
 192482 \$79.05/6 sess

Th Feb 21-Mar 28 10:00 AM-11:00 AM
 192483 \$79.05/6 sess

Family Fun Karate - Beginner **NEW** (6-17 yrs)

A family martial art class where parents and their children have an opportunity to have fun and learn Go-Ju Ryu Karate-Do. The class provides the opportunity for parents to practice with their children, achieve colour belts. Celebrate their achievements together and build memories. From training hard and staying focused, children will improve self-discipline, confidence. One fee is charged if the parent is registered together with a child.

Instructor: George Chan

Sa Jan 12 11:45 AM-12:45 PM
 193534 **FREE TRIAL**

Sa Jan 19-Feb 23 11:45 AM-12:45 PM
 193443 \$66/6 sess

Sa Mar 9-Apr 20 11:45 AM-12:45 PM
 194691 \$77/7 sess

Karate - Ku Yu Kai Go-Ju Ryu (6-17 yrs)

Learn Go Ju Ryu karate, the style featured in the original Karate Kid movies. Courage, Respect, Perseverance, Prudence, Self-Control, Character, Patience, Courtesy and Friendship are the principles of Ku Yu Kai. Shihan George Chan (7th degree black belt) and Sensei Julie Zilber (5th degree black belt) teach all ages and levels together in a friendly class environment. Participants may start any time and progress at their own rate. Uniform is optional for beginners. More information at www.kuyukai.com.

Instructor: George Chan

Tu Th Jan 8-Feb 21 7:00 PM-8:30 PM
 192456 \$130/14 sess

Tu Th Mar 5-Apr 18 7:00 PM-8:30 PM
 192457 \$130/14 sess

Sportball



Sportball Floor Hockey **NEW** (5-7 yrs)

The ball drops here! Sportball Floor Hockey introduces fundamental concepts of gameplay and teaches the basic skills required to faceoff with confidence in a supportive, non-competitive environment. Coaches zero in on skills like passing, shooting, basic positioning, stick handling, and goal tending in fun, exciting skill-focused play. No class on February 18.

Instructor: Sportball Vancouver

M Jan 14-Mar 11 4:20 PM-5:20 PM
 198476 \$133.35/8 sess

Sportball Jr. **NEW** (1-2 yrs)

Toddlers and parents/caregivers focus on physical movements and social exploration, learn fundamental sport skills and participate in creative motor games, songs, stories, bubble time and more. Children are challenged according to their individual skill level and Coaches help grownups understand proven teaching techniques that can be applied outside of Sportball classes. No parent participation. No class on February 18.

Instructor: Sportball Vancouver

M Jan 14-Mar 11 3:30 PM-4:15 PM
 198477 \$133.35/8 sess



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Sportball cont'd



Sportball Parent and Child Multi-Sport (2-3 yrs)

Sportball Parent & Child programs help preschoolers to refine their motor skills, such as balance and coordination, as well as develop their social skills such as confidence, following instructions, turn-taking and sharing. Coaches introduce eight different sports using developmentally appropriate games and activities. This is a parent participation program. To learn more visit www.sportball.ca. No class on February 16.

Instructor: Sportball Vancouver

Sa Jan 12-Mar 16 9:15 AM-10:00 AM
[192554](#) \$150/9 sess



Sportball Indoor Soccer (4-6 yrs)

Sportball coaches develop competence and confidence. Children are taught the fundamental skills necessary to excel in soccer. These include throw-ins, dribbling, trapping, passing, goalie skills and more. Classes are dedicated to skills development and putting those skills to work in an exciting, non-competitive game. To learn more visit www.sportball.ca. No class on February 17.

Instructor: Sportball Vancouver

Su Jan 13-Mar 17 11:35 AM-12:20 PM
[192552](#) \$150/9 sess

Sportball Parent and Child Indoor Soccer (2-3 yrs)

Participants are introduced to fundamental concepts of soccer and are provided the basic skills required to score with confidence in fun, exciting, skills-focused games. With the guidance and support of their Sportball Coach, parents and children zero in on soccer skills. Children are challenged according to their individual skill level and Coaches help grownups understand proven teaching techniques that can be applied outside of Sportball classes. To learn more visit www.sportball.ca. No class on February 17. Fee includes jersey.

Instructor: Sportball Vancouver

Su Jan 13-Mar 17 10:45 AM-11:30 AM
[192555](#) \$150/9 sess



Sportball Multi-Sport (3-5 yrs)

Refine, rehearse, repeat. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of eight popular sports. To learn more visit www.sportball.ca. No class on February 16.

Instructor: Sportball Vancouver

Sa Jan 12-Mar 16 10:05 AM-10:50 AM
[192553](#) \$150/9 sess

Sportball Birthday Party (5-12 yrs)

Sportball offers high-energy, action-packed birthday parties for kids ranging in age from 5 - 12 years! Kids enjoy a variety of sports and supervised games in a fun, structured and safe environment; festivities finish off with a traditional birthday celebration. The kids will need to catch their breath before they blow out their candles! Parties include 60 minutes of activities followed by 30 minutes of birthday celebrations with the coach. Patrons are required to pay in full at the time of registration. Inclusions: Sportball leader, gymnasium, tables, chairs. Exclusions: decorations, table settings (plates, cutlery, cups, etc), snacks, food or beverages. Regular birthday party refund policy applies. Max. 15 kids only.

Instructor: Sportball Vancouver

Sa Jan 12 2:00 PM-3:30 PM
[192543](#) \$220/1 sess

Sa Jan 19 2:00 PM-3:30 PM
[192551](#) \$220/1 sess

Sa Jan 26 2:00 PM-3:30 PM
[192544](#) \$220/1 sess

Sa Feb 2 2:00 PM-3:30 PM
[192545](#) \$220/1 sess

Sa Feb 9 2:00 PM-3:30 PM
[193276](#) \$220/1 sess

Sa Feb 23 2:00 PM-3:30 PM
[192546](#) \$220/1 sess

Sa Mar 2 2:00 PM-3:30 PM
[192547](#) \$220/1 sess

Sa Mar 16 2:00 PM-3:30 PM
[192548](#) \$220/1 sess

Sa Mar 23 2:00 PM-3:30 PM
[192549](#) \$220/1 sess

Sa Mar 30 2:00 PM-3:30 PM
[192550](#) \$220/1 sess

