

Education

Babysitter Course (11-16yrs)

This course is a nationally recognised program designed to prepare your growing preteen/teen to develop self-assurance, knowledge, and skills required for babysitting duties and when caring for themselves alone.

Instructor: Community Care
Sa Feb 03 9:00 AM-3:45 PM
[138122](#) \$69



Basic First Aid for Babies & Children (13+yrs)

This short, informative and interactive course provides basic first aid and CPR skills to treat babies and children. Topics covered include common emergencies such as choking, SIDS, allergic reactions and more. This course is non-certifying. More info at communitycarefirstaid.com

Instructor: Community Care First Aid
Sa Feb 17 10:00 AM-1:00 PM
[134820](#) \$69/1 sess

LEGO® Robotics - FREE TRIAL (7-9 yrs) FREE

Come and try out our upcoming educational programs! We will be showcasing LEGO® robotics, and more! There will be live demos and hands on opportunities to experience these fun and exciting programs with your kids! LEGO® is a trademark of the LEGO® Group, which does not sponsor, authorize or endorse these programs. . LEGO® is a trademark of the LEGO® Group, which does not sponsor, authorize or endorse these programs.

Instructor: llearning Canada
Su Feb 04 10:00 AM-11:00 AM
[138464](#) FREE
Su Feb 04 11:00 AM-12:00 PM
[138465](#) FREE
Su Feb 04 12:00 PM-1:00 PM
[138467](#) FREE

LEGO® Robotics 2.0 (7-9 yrs)

Dive into a hands-on learning experience with the latest technology from LEGO®. You will create and program different projects that will challenge you to think like a scientist and an engineer. These exciting new builds will come to life by using smart hubs, gears, motors, and different sensors.

Instructor: llearning Canada
Su Feb 18-Mar 18 9:15 AM-10:45 AM
[137379](#) \$99/5 sess



Leadership

Youth Leadership Exploration & Discovery Camp (11-14yrs)

Leadership is about respecting one's self, others and the environment. It's about working in a positive team setting and helping others. Have fun while participating, trying, and embracing challenges. Demonstrate a positive attitude while learning new things, meeting new people and having fun on weekly out trips.

Instructor: Jason Datt
M-F Mar 19-Mar 21 10:00 AM-3:00 PM
[138766](#) \$150



Register Online Today

Create an online account and register for unique and exciting programs across 24 community centres. Your online account allows you to keep track of your schedules, rental agreements, payment receipts and look up your current pass status.

Skip the line and buy your pass online All our passes are now available online. Get your 10-usage pass to indoor cycling classes or visit a fitness centre, pool or rink with the click of a button. Monthly Flexipasses are great for getting active and staying active, giving you access to 21 fitness centres, 9 indoor pools, 5 outdoor pools, and 8 ice rinks! vancouver.ca/passes

Drop-in activities
 If you're looking for something to do last minute or make a long term commitment, we offer a wide range of drop-in activities to fit anyone's schedule. Check out what's available today on our drop-in calendar.

Event space
 Planning a sporting event, social gathering or wedding? Submit your request for use of community centre rooms, outdoor parks or fields, ice rinks and more!

Follow us on Facebook and Twitter for up to date information on programs and registration.



Sports

Fitness Orientation (13-18yrs)

Want to learn how to use our fitness centre? Come down for a how to session, learn about how to use the equipment and pass information. An orientation is 45 minutes to an hour long. A PAR-Q forms needs to be filled out before the appointment. Please contact the Youth Leader at jason.datt@vancouver.ca

Instructor: Jason Datt

Sa Jan 06-Apr 07 10:00 AM-11:00 AM
138125 Free

Dynamix Dodgeball (8-13yrs)

Come join our dynamic dodgeball program and get dodging. Every Friday we meet to rock the Mini-gym with both team and arena style dodgeball. Bring your friends, bring your skills, bring your style! Drop-in only. This program is FREE. No session March 30.

F Jan 12-Apr 27 4:00 PM-5:00 PM
138124 Free

Drop In Hockey (8-13yrs)

Come join our drop-in hockey program and get moving. Every Tuesday we will rock the Mini-Gym with both team and shootout style Hockey. Bring your friends, bring your skills, and bring your best slap shot! Drop-in only. This Program us free

Tu Jan 16-Apr 24 4:00 PM-5:00 PM
138123 Free

Community Youth Development at False Creek CC

Youth services at False Creek Community Centre is a partnership between the Vancouver Board fo Parks and Recreation and the False Creek Community Association.

The Youth Leader at False Creek CommunityCentre focuses on developing programs that reflects the principles of the CYD in the City of Vancouver; assessable, collaborative, and inclusive. Youth are involved with volunteer opportunities, social activities and program planning in a respectful atmosphere where they are able to implement and work on their decision making skills.



Volunteer Opportunities (13-18 yrs)

Do you want to gain leadership experience, get hours for graduation and learn new skills? We are currently seeking volunteers for:

- Birthday Parties (Saturdays & Sundays)
- Parent & Tot Gym (Sundays)
- Breakfast with Santa

If interested in any of these volunteer positions or others, please complete an on-line Volunteer Form at www.FalseCreekCC.ca.

You will find the form under: About Us – Volunteer & Employment – Volunteers Make a Difference.

For more information, please contact the Youth Worker at 604-257-8155

or Kin Dang, Recreation Programmer at 604-257-8198, kin.dang@vancouver.ca



Friday Night Live (Grades 5-7)

Our Friday night out-trips will get you off your sofa and on the road. Please note, a completed consent form and pre-registration is required for all out trips. Friday Night LIVE in-house activities are free, fun-filled evenings, with a different flavour of fun each week. No registration or consent required for free event nights. Please complete a consent form for all out-trips. Forms can be found at www.falsecreekcc.ca/youth.htm

12 Jan	Big Screen Games	138126	Welcome back come Kick off Winter with our video games night. We will have Wii games and indoor games all night! Come and have an electronic blast with us. Feel free to bring your own games and controllers so we can have as many people playing as possible.	FREE
19 Jan	Knock Them Down Bowling	138137	Double handed, through the legs release... and it's a strike! We will be heading downtown to go bowling!! 5 pins will be screaming your name.	\$15
26 Jan	So You Think You Can Bake	138131	So you think you can bake? Your secret ingredient will be a mystery!! . We provide you with the ingredients. You provide the inspiration!	FREE
02 Feb	Indoor Rock Climbing	138127	Scale the walls at Cliffhanger, either on the end of a long rope or in the boulder area. Cliffhanger staff will teach safe climbing, enabling everyone to climb at their own level and get to the top!	\$25
09 Feb	Cupid's Masquerade Dance	138129	For grades 5-7 ONLY. Come with your mask to our annual masquerade dance! The person wearing the best mask will win an awesome prize. Dance up a storm to your favorite Top 40 tracks.	3.00 in advance or \$5.00 after 5:00 PM at door
16 Feb	Tournament Games	138132	Come join a team to see who can rise to the challenge. A mini sports day with different games, tournament styles with prizes for the teams that excel!	FREE
23 Feb	Ice Skating	138134	We will be heading to Kitsilano Rink to skate up a storm. Whether you are a complete beginner or the next Patrick Chan, this trip will be totally "cool". Bring your gloves and a warm jacket!	\$12
02 Mar	Big Screen Movie Night	138128	Bring along a favorite movie to play on our big screen! We vote on which movie to watch and usually get through two movies. Popcorn is free and other snacks can be purchased.	FREE
09 Mar	Swimming at Hillcrest	138135	Hit the slides, Swing from the rope, and test your fear and jump off the diving boards at Hillcrest Centre with your friends from FNL. Always a favorite, so register early to avoid disappointment!	\$12
16 Mar	Ultimate Group Games	138140	Come down to FCCC for ultimate group games night! We will be doing a variety of sports, tag, and group games all around the centre. Come out and have your say on what you want to do!!	FREE
06 Apr	Scavenger Hunt	138130	We will be creating teams and sending you out with our staff and volunteers to complete the Granville Island scavenger hunt. Find objects. Take photos. Do activities. Laugh lots. Join us for this great adventure!	FREE
13 Apr	Go Karting	139166	VROOOM VROOOM. The racers rev their engines, the flag drops, and they are off! This trip always sells out so get registered quickly. Participants will get two 10 minute rides each. Waiver and consent for required. Make sure you are at the community centre by 6:00pm.	\$25
20 Apr	Games Night/ BBQ	138771	Come down to FCCC for Ultimate group games night! We will be doing a variety of sports, tag, and group games all around the Centre. Come out and have your say on what you want to do!!And also enjoy some BBQ food.	FREE
27 Apr	Laser Tag	139168	Lazer Tag combines hide & seek with Hi-Tech heart pounding fun. Up to 50 players move and hide in a 3 level square foot room. Come with the FNL crew and see who gets the top prize. Please register early to avoid disappointment!!	\$25

