

Creative Arts & Music

Parent & Tot Ballet (1-2 yrs)

Introduce your little ones to the world of dance. Classes are designed to encourage little dancers to join in and have fun while dancing with mom or dad. Visit performingstars.ca for more information.

Instructor: Vancouver Performing Stars

Th Jan 11-Mar 15 9:30 AM-10:15 AM
137364 \$99/10 sess

Mini Stars

Musical Theatre (3-4 yrs)

Dance and sing their favourite show tunes! Your little performers will develop rhythm, characterization, coordination and musicality through movement and song. Students must be able to participate without an adult. Visit performingstars.ca for more information.

Instructor: Vancouver Performing Stars

Th Jan 11-Mar 15 11:30 AM-12:15 PM
137366 \$99/10 sess

Music and Movement (2-3 yrs)

Join your child in this high energy class full of singing and dancing. We will learn simple songs and beginner dance movement to help build your child's self-confidence and coordination. Music will be provided for at home listening and to encourage these little performers to participate on their own. Visit performingstars.ca for more information. Parent or guardian participation is mandatory.

Instructor: Vancouver Performing Stars

Th Jan 11-Mar 15 10:30 AM-11:15 AM
137365 \$99/10 sess

Acrobatic Dance (4-7 yrs)

Leap, twirl and spin in this high energy class which involves ribbons, hoops and other fun props. Great for coordination, balance and kids learn fun new tricks to show to friends and family. More info at www.kirbysnelldance.com. \$10/drop-in. No class on February 10.

Instructor: Endorphin Rush Dance And Fitness

Sa Jan 20-Mar 24 10:45 AM-11:30 AM
137368 \$76.50/9 sess

Afterschool Hip Hop (5-7 yrs)

Get your groove on! Calling all b-boys and girls! Here is the place to shine. Join us as we move and groove, exploring the locking stops and the suspended drops that make the hip hop style so popular and fly. Working as a group and in small groups, we will create and shape a dance that is performed in a "cypher" in classic b-boy/b-girl supportive circle of peers, where each person gets to dance their unique style and be cheered on with gusto! More info: <http://www.kirbysnelldance.com>.

\$11/drop-in.

Instructor: Endorphin Rush Dance And Fitness

W Jan 17-Mar 21 3:45 PM-4:30 PM
137369 \$90/10 sess

Little Ballerinas (3-4 yrs)

Young ballerinas explore the fun and beauty of ballet while learning the basic techniques. They will love playing with their creative expression in this fun class. Children must be able to participate without a parent in the room. There will be a presentation for parents/family on the last day. More info: www.kirbysnelldance.com. \$10/drop-in. No class on February 10.

Instructor: Endorphin Rush Dance And Fitness

Sa Jan 20-Mar 24 9:15 AM-10:00 AM
137373 \$76.50/9 sess

Little Ballerinas (4-7 yrs)

Young ballerinas explore the fun and beauty of ballet while learning the basic techniques. They will love playing with their creative expression in this fun class. Children must be able to participate without a parent in the room. There will be a presentation for parents/family on the last day. More info: www.kirbysnelldance.com. \$10/drop-in. No class on February 10.

Instructor: Endorphin Rush Dance And Fitness

Sa Jan 20-Mar 24 10:00 AM-10:45 AM
137375 \$76.50/9 sess

Dance Extreme for Girls (7-12 yrs)

Come explore a number of different styles of dance with a variety of guest dance artists. Enjoy energetic exploration of movement in a welcoming and inspiring environment. Styles may include; Hip Hop, Latin Dance, Acrobatic Dance, Musical Theatre, Creative Movement and Bollywood. More info at www.kirbysnelldance.com. \$11/drop-in.

Instructor: Endorphin Rush Dance And Fitness

Tu Jan 16-Mar 20 4:00 PM-5:00 PM
137371 \$90/10 sess

Family Fun Pottery (4-12 yrs)

Create collaborative clay projects with your child in this fun filled hour while learning a variety of hand building techniques like pinching, slabbing, coiling and slip decoration. We will make a selection of fun and functional pieces to take home when glazed. Our clay and glazes are food safe. Program fee includes clay, glazes and firing. Fee is for one child and one adult. Please register under child's name and bring an apron. Parent participation required.

Instructor: Suling Yuen

Sa Jan 13-Mar 03 10:00 AM-11:30 AM
137393 \$128/8 sess

Pottery for Kids (8-13 yrs)

This fun class will cover wheel throwing, hand building techniques and methods of decorating and glazing to create one of a kind pieces. No experience required. Please bring an apron.

Instructor: Suling Yuen

Sa Jan 13-Mar 03 12:00 PM-1:30 PM
137394 \$128/8 sess

Fit4Two Mommy & Me Classes

Mom and Baby Barre (19-50yrs) **NEW**

Designed specifically for postpartum women, Fit 4 Two® Mom & Baby Barre focuses on strength, posture, core and flexibility. Inspired by a blend of ballet barre work, strength training, Pilates and yoga, barre style classes use the barre and a variety of equipment. The results, a long, lean and strong body. Pre-mobile babies only please. Drop in \$15.24, if space permits.

Th Jan 18-Mar 15 10:00 AM-11:00 AM
140234 \$118.63/9 sess

Infant Massage Workshop (0-7mos) **NEW**

Infant massage helps baby sleep better, relaxes and soothes, aids digestion, contributes to development, encourages bonding & improves communication. Research shows further benefits for babies with colic, eczema, babies with special needs and adoptive families. Mats, oil and handouts are provided. Please bring a blanket for baby. This workshop is designed for pre-mobile babies.

Th Jan 11 10:00 AM-11:00 AM
140237 \$23.81/1 sess

Creative Arts & Music cont'd

Music Together (Winter) (0-5 yrs)

What will you and your child find in a Music Together class? Rainbow coloured falling leaves, cows sitting in the old oak tree, tyrannosaurus rex, shining stars, rockets to the moon and trains to the beach. Come dance and sing to happy village folk songs, Korean lullabies and calypso rhythms. You'll also find bells of all sorts, triangles, train whistles, shakers, rhythm sticks, kitchen instruments, scarves, giant sheets to hide under and instruments galore! All this with a developmentally appropriate, research based curriculum taught by a registered Music Together instructor. Parent/caregiver participation required. Music and songbook included. Siblings 6 months and under can attend free with no registration. Siblings over 6 months pay discounted \$105 and must register. www.westsidemusictogether.ca for more information.

Instructor: Joan DeVerteuil

Tu	Jan 09-Mar 13	9:30 AM-10:15 AM	135897	\$165/10 sess
Tu	Jan 09-Mar 13	10:30 AM-11:15 AM	135898	\$165/10 sess
W	Jan 10-Mar 14	10:30 AM-11:15 AM	135899	\$165/10 sess
W	Jan 10-Mar 14	11:30 AM-12:15 PM	135900	\$165/10 sess
F	Jan 12-Mar 16	9:30 AM-10:15 AM	135902	\$165/10 sess
F	Jan 12-Mar 16	10:30 AM-11:15 AM	135903	\$165/10 sess
F	Jan 12-Mar 16	11:30 AM-12:15 PM	137452	\$165/10 sess

Music Together (Spring) (0-5 yrs)

What will you and your child find in a Music Together class? Rainbow coloured falling leaves, cows sitting in the old oak tree, tyrannosaurus rex, shining stars, rockets to the moon and trains to the beach. Come dance and sing to happy village folk songs, Korean lullabies and calypso rhythms. You'll also find bells of all sorts, triangles, train whistles, shakers, rhythm sticks, kitchen instruments, scarves, giant sheets to hide under and instruments galore! All this with a developmentally appropriate, research based curriculum taught by a registered Music Together instructor. 45 minutes of pure fun every week! Parent/caregiver participation required. Music and songbook included. Siblings 6 months and under can attend free with no registration. Siblings over 6 months pay discounted \$105 and must register. www.westsidemusictogether.ca for more information.

Instructor: Joan DeVerteuil

Tu	Apr 10-Jun 12	9:30 AM-10:15 AM	136335	\$165/10 sess
Tu	Apr 10-Jun 12	10:30 AM-11:15 AM	136336	\$165/10 sess
W	Apr 11-Jun 13	10:30 AM-11:15 AM	136337	\$165/10 sess
W	Apr 11-Jun 13	11:30 AM-12:15 PM	136338	\$165/10 sess
F	Apr 13-Jun 15	9:30 AM-10:15 AM	136339	\$165/10 sess
F	Apr 13-Jun 15	10:30 AM-11:15 AM	136340	\$165/10 sess
F	Apr 13-Jun 15	11:30 AM-12:15 PM	137451	\$165/10 sess

Paint and Play (1-5 yrs)

Great way for toddlers to mingle while creating interesting pictures with stickers, markers, glue sticks, delightful stamps with stamp pads, and of course bright finger paints. Everything is non-toxic & washable. Material are provided. Adult must accompany their child & bring your own smock.

Instructor: Sylvia Richman

Tu	Jan 16-Mar 20	9:45 AM-10:30 AM	137447	\$100/10 sess
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Group Ukulele for All Ages (7+ yrs)

Ever wanted to learn to play the ukulele? Here's your chance! In these fun and engaging group classes you will be introduced to basic ukulele skills such as basic strumming techniques and playing simple melodies, basic music theory, and singing with an emphasis on fun! * Please note: If students supply their own ukulele, it must meet a minimum playability standard as assessed by the teacher, otherwise it is \$50 to purchase one. Cost of lesson book is included in fee. No class on February 12.

Instructor: Jennifer Yamazaki

M	Jan 08-Mar 05	7:15 PM-8:15 PM	137476	\$127/8 sess
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Group Ukulele for Kids (7-10 yrs)

This group ukulele program offers children ages 7 through 10 the opportunity to try the ukulele in a small group setting. In these fun and engaging classes, students will be introduced to basic ukulele skills such as basic strumming techniques and playing simple melodies, basic ear training skills, music theory, and singing with an emphasis on fun! * Please note: If students supply their own ukulele, it must meet a minimum playability standard as assessed by the teacher, otherwise it is \$50 to purchase one. Cost of lesson book is included in fee. No class on February 12.

Instructor: Jennifer Yamazaki

M	Jan 08-Mar 05	6:00 PM-7:00 PM	137475	\$167/8 sess
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Private Piano Lessons (5+ yrs)

Students ages 5 and up, develop your musical ability! Lessons are customized to students level. Select your 1/2 hour lesson on Thursday or Fridays.

Instructor: Monika Oldershaw

Th	Jan 11-Apr 26	3:30 PM-8:00 PM		\$320/16 sess
F	Jan 12-Apr 27	3:30 PM-7:30 PM		\$320/16 sess



Education

Baby Sign Language (0-2 yrs)

Babies understand and can communicate long before they are able to speak. Research shows that babies who learn Sign Language learn quicker and talk earlier. Using songs and games learn how to teach your baby basic American Sign Language (ASL) so they can better convey their wants and needs and relieve unnecessary frustration. The instructor will teach you the signs and songs so you can practice at home. Babies can sleep during class or you can bring some toys. Newborn-24 months.

Instructor: Into Yoga

Tu Feb 27-Mar 27 11:30 AM-12:15 PM
[134942](#) \$64/5 sess

LEGO® Robotics -

FREE TRIAL (7-9 yrs) FREE

Come and try out our upcoming educational programs! We will be showcasing LEGO® robotics, and more! There will be live demos and hands on opportunities to experience these fun and exciting programs with your kids! LEGO® is a trademark of the LEGO® Group, which does not sponsor, authorize or endorse these programs. . LEGO® is a trademark of the LEGO® Group, which does not sponsor, authorize or endorse these programs.

Instructor: Ilearning Canada

Su Feb 04 10:00 AM-11:00 AM
[138464](#) **FREE**

Su Feb 04 11:00 AM-12:00 PM
[138465](#) **FREE**

Su Feb 04 12:00 PM-1:00 PM
[138467](#) **FREE**

LEGO® Robotics 2.0 (7-9 yrs)

Dive into a hands-on learning experience with the latest technology from LEGO®. You will create and program different projects that will challenge you to think like a scientist and an engineer. These exciting new builds will come to life by using smart hubs, gears, motors, and different sensors. LEGO® is a trademark of the LEGO® Group, which does not sponsor, authorize or endorse these programs.

Instructor: Ilearning Canada

Su Feb 18-Mar 18 9:15 AM-10:45 AM
[137379](#) \$99/5 sess

Pilot A Drone (10-13 yrs)

Yes, you read it right! Learn how to navigate a drone and complete various missions. This exciting 5 day course will plunge you into a thrilling drone educational experience. Not only will you learn real life applications of drones, but you will also program your very own!

Instructor: Ilearning Canada

Su Feb 18-Mar 18 11:00 AM-12:30 PM
[137382](#) \$135/5 sess

Sports

Sportball Indoor Soccer (3.5-8 yrs)

Sportball coaches develop competence and confidence on the court. Children are taught the fundamental skills necessary to excel in soccer. These include throw-ins, dribbling, trapping, passing, goalie skills and more. Classes are dedicated to skills development and putting those skills to work in an exciting, non-competitive game. To learn more visit www.sportball.ca. No class February 11 & April 1.

Instructor: Sportball Vancouver

(3.5-5 yrs)
Su Jan 14-Mar 04 11:30 AM-12:15 PM
[135285](#) \$116.69/7 sess

Su Mar 11-Apr 29 11:30 AM-12:15 PM
[135286](#) \$116.69/7 sess

(5-8 yrs)
Su Jan 14-Mar 04 12:15 PM-1:00 PM
[135287](#) \$116.69/7 sess

Su Mar 11-Apr 29 12:15 PM-1:00 PM
[135288](#) \$116.69/7 sess

Sportball Parent and Child Indoor Soccer (2-3 yrs)

Sportball coaches develop competence and confidence on the court. Children are taught the fundamental skills necessary to excel in soccer. These include throw-ins, dribbling, trapping, passing, goalie skills and more. Classes are dedicated to skills development and putting those skills to work in an exciting, non-competitive game. This is a parent participation program. To learn more visit www.sportball.ca. No class on February 11 & April 1.

Instructor: Sportball Vancouver

Su Jan 14-Mar 04 10:45 AM-11:30 AM
[135283](#) \$116.69/7 sess

Su Mar 11-Apr 29 10:45 AM-11:30 AM
[135284](#) \$116.69/7 sess

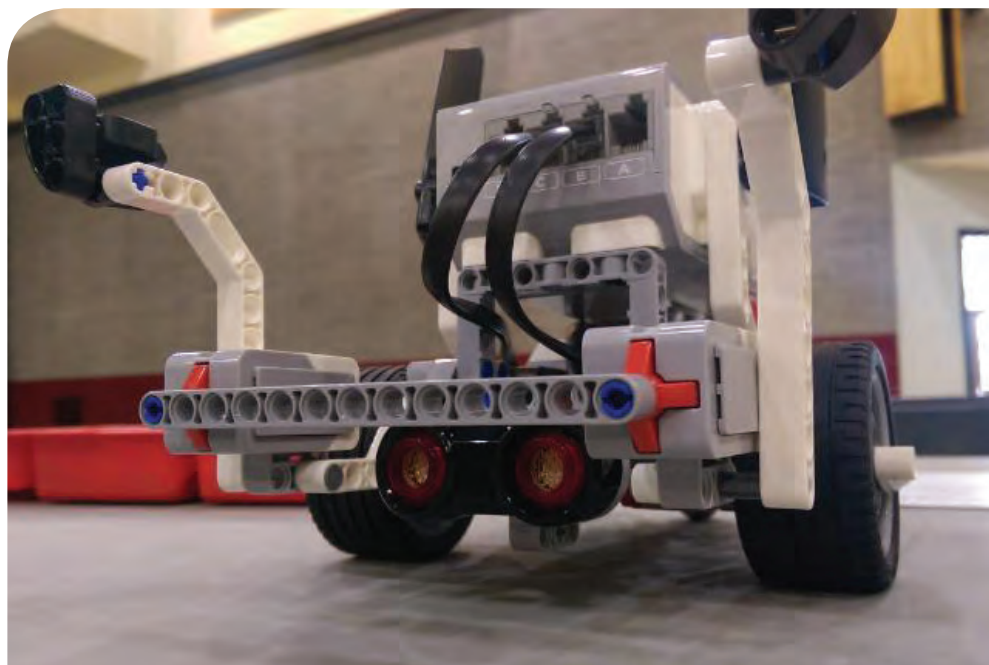
Sportball Multi-Sport (3-5 yrs)

Refine, rehearse, repeat. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of eight popular sports. To learn more visit www.sportball.ca. No class on February 10, March 24, & 31.

Instructor: Sportball Vancouver

Sa Jan 13-Mar 03 10:00 AM-10:45 AM
[135279](#) \$116.69/7 sess

Sa Mar 10-Apr 28 10:00 AM-10:45 AM
[135282](#) \$100/6 sess



Parent & Tot Gym

(0-6 yrs)

This drop-in play program provides tots with physical play and supports social interaction for you and your child. Children jump in the bouncy castle, roll and climb on the mats, drive the toy cars, cook at the toy kitchen and jump start their day. A cozy corner is set up for you and your 'wee ones' with our 'wee tot' toys, books and blocks.

M W F Jan 08-Apr 30 9:30 AM-12:30PM
 Su Jan 14-Apr 29 9:30 AM-11:45 AM
 \$1 / Drop-In



Sports cont'd

Sportball Multi-Sport Afterschool (4-6 yrs)

Refine, rehearse, repeat. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of eight popular sports. To learn more visit www.sportball.ca

Instructor: Sportball Vancouver

W	Jan 17	3:30 PM-4:15 PM	FREE TRIAL
			145816
W	Jan 24-Feb 28	3:30 PM-4:15 PM	\$100/6 sess
			135273
W	Mar 07-Apr 11	3:30 PM-4:15 PM	\$100/6 sess
			135274

Sportball Multi-Sport Afterschool (6-9 yrs)

Refine, rehearse, repeat. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of eight popular sports. To learn more visit www.sportball.ca.

Instructor: Sportball Vancouver

W	Jan 17	4:15 PM-5:00 PM	FREE TRIAL
			145817
W	Jan 24-Feb 28	4:15 PM-5:00 PM	\$100/6 sess
			135275
W	Mar 07-Apr 11	4:15 PM-5:00 PM	\$100/6 sess
			135276



Sportball Multi-Sport Spring Break Camp (3-5 yrs)

Sportball's action-packed camps introduce children to a variety of ball sports, games and activities PLUS arts and crafts, snack time, stories, music, co-operative games and more! Camp will take place outdoors at Charleson Park Field (False Creek Elementary - 900 School Green)

Instructor: Sportball Vancouver

M-F	Mar 19-Mar 23	10:30 AM-12:30 PM	\$170/5 sess
			135289

Sportball Multi-Sport Spring Break Camp (5-8 yrs)

See course description above.

Instructor: Sportball Vancouver

M-Th	Mar 26-Mar 29	1:00 PM-4:00 PM	\$200/4 sess
			135290



Child Multi-Sport (2-3 yrs)

Programs help preschoolers refine their motor skills, such as balance and coordination, and develop social skills such as confidence, following instructions, turn-taking and sharing. Each class focuses on one of eight popular sports. More info visit www.sportball.ca. No class on February 10, March 24 & 31.

Instructor: Sportball Vancouver

Sa Jan 13-Mar 03 9:15 AM-10:00 AM
[135277](#) \$116.69/7 sess

Sa Mar 10-Apr 28 9:15 AM-10:00 AM
[135278](#) \$100/6 sess

Sportball Basketball (8-10 yrs)

Slamdunk! Sportball Basketball introduces fundamental concepts of gameplay and teaches the basic skills required to hit the court with confidence in a supportive, non-competitive environment. Coaches zero in on skills like dribbling, passing, catching, shooting and defense in fun, exciting, skill-focused play. More info visit www.sportball.ca. No class on February 11 & April 1.

Instructor: Sportball Vancouver

Su Jan 14-Mar 04 2:00 PM-2:45 PM
[137934](#) \$116.69/7 sess

Su Mar 11-Apr 29 2:00 PM-2:45 PM
[137935](#) \$116.69/7 sess



Rhythmic Gymnastics (4-12 yrs)

A fun opportunity for your child to experience Rhythmic Gymnastics presented in a recreational style format. Tumble, jump and dance using ribbons, balls, ropes and hoops with instruction by an experienced leader.

Instructor: Daniela Rincon

(4-7 yrs)
Th Jan 11-Mar 15 4:15 PM-5:00 PM
[136253](#) \$95/10 sess

(7-12 yrs)
Th Jan 11-Mar 15 5:15 PM-6:45 PM
[136254](#) \$145/10 sess

Tennis

Children's Tennis - Red Ball Orange Ball (7-8 yrs)

The 7-8 year old program is divided into two levels. Red Ball for the Beginner; Orange Ball for the player who has taken the Red Ball Beginner previously or the 5-6 years program. Following the "Progressive Tennis Model" players will use the soft teaching Red Ball or Orange Ball, a smaller court, lower net and right sized racquets. Coach to player ratio is 6 to 1 allowing for everyone's development and improvement. Lessons are held at 5th & Hemlock.

Instructor: Gord Hauka

W May 02-Jun 06 3:45 PM-5:00 PM
[137383](#) \$86/12 sess

Sa May 05-Jun 09 10:00 AM-11:15 AM
[138441](#) \$86/12 sess

Kid's Club Tennis (9-15 yrs)

Kid's Club Program gives players between the ages of 9-15 the opportunity to develop skills from Beginner to Intermediate Levels. The program follows the Progressive Tennis Model allowing kids to move up the skill levels and compete in a fun low key competition program. Coached at a ratio of 6 players to 1 coach everyone gets the opportunity to improve and enjoy the play. Inter Community Centre play and Tournaments are all part of the fun. Lessons are held at Granville Park, 14th & Fir Street.

Instructor: Gord Hauka

W May 02-Jun 06 3:45 PM-5:45 PM
[138445](#) \$125/18 sess

Sa May 05-Jun 09 10:00 AM-12:00 PM
[138448](#) \$125/18 sess

Martial Arts



Karate - Ku Yu Kai Go-Ju Ryu (6-17 yrs)

Learn Go Ju Ryu karate, the style featured in the original Karate Kid movies. Courage, Respect, Perseverance, Prudence, Self-Control, Character, Patience, Courtesy and Friendship are the principles of Ku Yu Kai. Shihan George Chan (7th degree black belt) and Sensei Julie Zilber (5th degree black belt) teach all ages and levels together in a friendly class environment. Participants may start any time and progress at their own rate. Uniform is optional for beginners. More information at www.kuyukai.com.

Instructor: George Chan

Tu Th Jan 09-Feb 22 7:00 PM-8:30 PM
[134584](#) \$130/14 sess

Tu Th Mar 06-Apr 19 7:00 PM-8:30 PM
[134585](#) \$130/14 sess

