

Education

Babysitter Course (11-16 yrs)

This course is a nationally recognised program designed to prepare your growing preteen/teen to develop self-assurance, knowledge, and skills required for babysitting duties and when caring for themselves alone.

Instructor: Community Care First Aid

Sa Jun 24 9:00 AM-3:45 PM
105395 \$65/1 sess



Learning Canada

Video Game Design 2D - A Beginner's Guide (10-14 yrs)

Ever imagined of designing your own video game? Well this is it! Learn how to create your very own 2-Dimensional Game like Super Mario and Donkey Kong! Plunge into an exciting five day course which guides you through the basics of game designing and programming. You will plan, create and then program your very own game from scratch! USB stick required.

Th May 11-Jun 08 5:15 PM-6:45 PM
106985 \$150/5 sess

Mysteries of Science Summer Camp (10-14 yrs)

Explosions, gooey slime, smokey bubbling potions! Come join us this summer for a week of fun and learning! Challenge and engage yourself in unique fun activities all week long! Oh and we almost forgot, there will also be magic. (Programs Included: Mysteries of Chemistry, Biology, Physics, Dry Ice!, and Magic).

Tu-F Jul 04-Jul 07 1:00 PM-4:00 PM
106989 \$120/4 sess

Sports and Fitness

Dynamix Dodgeball (8-13 yrs)

Come join our dynamic dodgeball program and get dodging. Every Friday we meet to rock the Mini-gym with both team and arena style dodgeball. Bring your friends, bring your skills, bring your style! Drop-in only.

Instructor: Youth Leader

F May 05-Jun 30 4:00 PM-5:00 PM
105383 FREE

Youth Open Gym (13-18 yrs)

This drop-in session is for youth only - no adults allowed! Drop-in and use our gymnasium free of charge with your OneCard. Please bring your own equipment though as ours is limited.

F May 05-Jun 30 5:00 PM-6:00 PM
105405 FREE

Fitness Orientation (13-18 yrs)

Want to learn how to use our fitness centre? Come down for a how to session, learn about how to use the equipment and pass information. An orientation is 45 minutes to an hour long. A PAR-Q forms needs to be filled out before the appointment. Please contact the Youth Leader at janice.kwan@vancouver.ca or 604.257.8155 to make an appointment.

Instructor: Attendant Fitness

**Sa May 06-Aug 26 10:00 AM,
11:00 AM or 12:00 PM**



Youth Overboard Dragon Boat Team (13-18 yrs)

BANG! The starter gun fires and Youth Overboard surges ahead... If you are interested in learning new skills, being part of a team, and sharing great experiences with new friends then dragon boating with Youth Overboard is for you. We are always taking on new paddlers, from beginners to experienced. We practice rain or shine and once it gets to cold we do dryland conditioning. This awesome experience includes physical conditioning, socials, skill development and the opportunity to race in a festival. Please contact the Youth Leader at 604.257.8155 for more information. Dates and times are to be announced.



Summer Camps

Shred Skimboard

Camp (10-15 yrs)

Summer is here so it is time to skim and shred the tidal pools and beaches of Vancouver. We spend most of our days at Spanish Banks, but will also have a day at Kits Beach. We have some sweet boards that everyone can use, but feel free to bring your own. Please make sure you bring lunch, snacks, water and sun protection.

Instructor: TBA

M-F Jul 17-Jul 21 10:30 AM-2:30 PM

105397 \$120/5 sess

M-F Aug 21-Aug 25 10:30 AM-2:30 PM

105398 \$120/5 sess

Leadership Exploration and Discovery

(LEAD) Camp (11-15 yrs)

Leadership is about respecting one's self, others and the environment. It's about working in a positive team setting and helping others. Have fun while participating, trying, and embracing challenges. Demonstrate a positive attitude while learning new things, meeting new people and having fun!

Instructor: Youth Leader

M-F Jul 10-Jul 14 10:00 AM-3:00 PM

105406 \$150/5 sess

M-F Aug 14-Aug 18 10:00 AM-3:00 PM

105407 \$150/5 sess

Kayak Adventures (8-15 yrs)

Get a taste of ocean kayaking in this fun program on False Creek inlet. Learn the basics: strokes, equipment and water safety. This program is run by a certified kayak instructor and runs rain or shine. Please dress appropriately for the weather and remember to bring water and a snack.**All youth need to provide a completed Waiver form to participate and should be able to swim.

Instructor: Canoe Club Instructor

Su Jun 11-Jun 25 12:30 PM-3:00 PM

105402 \$63/3 sess

Su Jul 09-Jul 23 12:30 PM-3:00 PM

105403 \$63/3 sess

Su Aug 13-Aug 27 12:30 PM-3:00 PM

105404 \$63/3 sess



Day Explorer (12-18 yrs)

Come on down for out-trip Wednesday, 9:00 AM-3:00 PM. Enjoy the sun. Make friends, old and new. Let's have fun! Please make sure you bring lunch, snacks, water and sun protection. *Please note: a completed waiver form, consent form and pre-registration is required for all out trips. Forms can be found at www.falsecreekcc.ca/youth.htm

105375	Cultus Lake Waterpark Best waterpark in BC! We will be heading to Cultus for an awesome day of slides and pools. Don't forget your swimsuit!	Jul 05 \$50
105378	Quarry Rock We are hiking up to check out the great view from Quarry Rock. While there is a lot of uphill on this hike, it is not nearly as challenging as the Grouse Grind.	Jul 12 \$15
105376	Go Karting Zip around the track at Richmond's awesome outdoor track. Challenge your friends and see who is fastest as you put pedal to metal!	Jul 26 \$25
105381	Big Splash Water Park A great day at Splashdown's pools and slides. If you missed out on Cultus Lake Waterpark, you won't want to miss this one!	Aug 02 \$50
105377	Grouse Grind Are you ready to rock the Grind? Join us for an intense hike up the Grouse Grind. We will take it easy on the way down with a cruisey gondola ride to the bottom.	Aug 09 \$25
105382	Kayaking Deep Cove We are going Kayaking in Deep Cove - whoooo! Don't miss out on this amazing day-trip.	Aug 16 \$45

Registration begins Tuesday, April 11th at 9:00am In Person & Online, 10:00am Phone In

Friday Night Live (Grades 5-7)

Friday Night Live will get you off your sofa and out of the house! Our in-house activities are free, fun-filled evenings, with a different flavors of fun each week from 6-9pm. Waiver forms are to be filled out every season.*Please note: a completed wavier form, consent form and pre-registration is required for all out trips. Forms can be found at www.falsecreekcc.ca/youth.htm

105387	Photo Hunt Join us for this photo taking adventure! A photo scavenger hunt! Receive pictures taken, find the location and test out your photography skills. How close can you get to the original photo?	May 05 FREE
105399	Indoor Games Galore Indoor door games will be where? Mini gym, yeah! Games room, yeah! We will be doing a variety of sports, tag, and group games all around Come out and have your say and what you want to do!	May 12 FREE
103182	So You Think You Can Bake? So you think you can bake? Your secret ingredient will be rice crispy. We provide you with the ingredients. You provide the inspiration!	May 19 FREE
105386	P-L-A-Y Palace! Whoop, let's go hangout at Play Palace. The entire building, just for us! Come enjoy 4 inflatables, basketball, ping pong, foosball and plasma cars! Voom vroom!	May 26 \$25
105388	Movie and Nachos Nom, nom, nom! Do you love cheese and chips? If you do, come make a jumbo nacho platter to share! At intermission you can hit the gym for some free time and back to finish the movie off.	Jun 02 FREE
105389	Outdoor Fun Is that the sun we see? We sure hope so! Join us for some outrageous outdoor activities running, jumping and throwing in the park, on the field and playground.	Jun 09 FREE
111378	Spring Fling Dance Grades 5-7 only! Spring is here! Fling yourself into our spring preteen dance. Dance up a storm to your favourite Top 40 tracks - our DJ takes requests!	Jun 16 \$3 advance \$5 at the door
105390	Picnic Delight Enjoy an evening picnic. Together we will make finger sandwiches and refreshments. Dress in a spring friendly outfit and feel free to bring a blanket.	Jun 23 FREE
105391	Ice Cream Yum Another school year has come to an end. Let's celebrate with a special trip to our local "it" ice cream parlor, Rain or Shine! Enjoy up a single scoop of ice cream (up to two flavours) and a walk down to Kits Beach.	Jun 30 \$10

