

Bricks 4 Kidz Winter Camp

Bricks 4 Kidz Lego Superhero Academy (5-10 yrs)

It's a bird! It's a plane! It's...Learn the art of the Superhero at Superhero Academy! Join the Avengers as they conquer evil and lurk in the shadows with the Bat Clan. But be warned, as a superhero there is no fame, no fun, and no fortune only justice! All students go home with a custom-made Minifigure.



Instructor: Bricks 4 Kidz

W Th F Jan 2-Jan 4

1:00 PM-4:00 PM

177993

\$105/3 sess

Bricks 4 Kidz Ninja Extreme (5-10 yrs)

Ninjas...GO! Get ready to use your Spinjitzu skills to fight for honor and establish peace. Carry the legacy of spectacular Ninja skill with honor, self-discipline, and courage. We will build ninja vehicles, ninja spinning machines, and more! All campers will go home with a custom-made Minifigure.



Instructor: Bricks 4 Kidz Vancouver

W Th F Jan 2-Jan 4

9:30 PM-12:30 AM

177439

\$105/3 sess

Sportball Winter Camp



Sportball Multi-Sport Camp (3-5 yrs)

Sportball's action-packed camps introduce children to a variety of ball sports, games and activities PLUS arts and crafts, snack time, stories, music, co-operative games and more!

Instructor: Sportball Vancouver

W Th F Jan 2-Jan 4

10:30 AM-12:30 PM

177442

\$102/3 sess

Sportball Multi-Sport Camp (4-6 yrs)

Sportball's action-packed camps introduce children to a variety of ball sports, games and activities PLUS arts and crafts, snack time, stories, music, co-operative games and more!

Instructor: Sportball Vancouver

W Th F Jan 2-Jan 4

1:00 PM-3:00 PM

178007

\$102/3 sess

Vancouver Performing Stars

Parent & Tot Ballet (1-2 yrs)

Introduce your little ones to the world of dance. Classes are designed to encourage little dancers to join in and have fun while dancing with mom or dad. Visit performingstars.ca for more information.

Instructor: Vancouver Performing Stars

Th Sep 20-Nov 29 9:45 AM-10:30 AM

172036

\$109/11 sess



Mini Stars

Musical Theatre (3-4 yrs)

Dance and sing their favourite show tunes! Your little performers will develop rhythm, characterization, coordination and musicality through movement and song. Students must be able to participate without an adult. Visit performingstars.ca for more information.

Instructor: Vancouver Performing Stars

Th Sep 20-Nov 29 11:45 AM-12:30 PM

172017

\$109/11 sess



Music and

Movement (2-3 yrs)

Join your child in this high energy class full of singing and dancing. We will learn simple songs and beginner dance movement to help build your child's self-confidence and coordination. Music will be provided for at home listening and to encourage these little performers to participate on their own. Visit performingstars.ca for more information. Parent or guardian participation is mandatory.



Instructor: Vancouver Performing Stars

Th Sep 20-Nov 29 10:45 AM-11:30 AM

172021

\$109/11 sess



We don't want to cancel good programs, but...

Programs are cancelled if everyone waits until the last minute to register. The staff, where possible, makes a decisions on activities 4 days prior to the start date. If activities do not meet the minimum required, the program will be postponed or cancelled.

Registration for programs starts on August 22 at 9:00am.



Creative Arts & Music

Mini Yogi **NEW** (3-5 yrs)

Mini Yogi is not your typical Yoga class for kids! This is a recreational program of motor skill activities. Children learn through group tasks and challenges that will allow them to gradually develop an interest for yoga, sports and physical activities. Each class consists of a parkour course that allows the child to execute a wide range of movements including throwing, catching, dancing, rolling and stretching, but their main objective is...to have FUN! Accompanied by parent. Drop in \$14.00 available if space permits.

Instructor: Into Yoga

Th Sep 20-Oct 25 9:30 AM-10:15 AM
179722 \$77/6 sess

Th Nov 1-Dec 6 9:30 AM-10:15 AM
179724 \$77/6 sess

Zumbini **NEW** (0-4yrs)

Sing, dance and play as you bond with your child! Created by Zumba® and BabyFirst for kids ages 0-4, the Zumbini® program combines music, dance and playing instruments for 45 minutes of can't-stop, won't-stop bonding, learning and fun! Each course includes a free Zumbini bundle handed out on the first day. This includes: a plush toy, original songbook and music to continue the fun at home. Come and join the Zumbini family! Can't wait to sing and dance with you and your little ones soon! Drop-in \$12, if space permits. No class on October 6 and November 10. www.zumbini.com

Instructor: Emily Sum

Sa Sep 15 10:45 AM-11:30 AM
182714 **FREE TRIAL**

Sa Sep 22-Dec 8 10:45 AM-11:30 AM
177384 \$135/10 sess

Sa Sep 22-Dec 8 11:30 AM-12:15 PM
177378 \$135/10 sess

Family Holiday Ornaments and Decorations (4-16 yrs)



Using hand building techniques, family members can make beautiful decorations for the festive holiday season and family memories for years to come. Fee is for one child and one adult. Please register under child's name and bring an apron. Parent participation required.

Instructor: Suling Yuen

Sa Nov 24-Dec 8 10:00 AM-11:30 AM
172280 \$48/3 sess

Rhythmic Gymnastics (4-12 yrs)

A fun opportunity for your child to experience Rhythmic Gymnastics presented in a recreational style format. Tumble, jump and dance using ribbons, balls, ropes and hoops with instruction provided by a very experienced leader.

Instructor: Daniela Rincon

4-7yrs

Th Sep 27-Nov 29 4:15 PM-5:00 PM
172065 \$95/10 sess

7-12yrs

Th Sep 27-Nov 29 5:15 PM-6:45 PM
172066 \$145/10 sess

Pottery for Kids (8-13 yrs)

This fun class will cover wheel throwing, hand building techniques and methods of decorating and glazing to create one of a kind pieces. No experience required. Please bring an apron.

Instructor: Suling Yuen

Sa Sep 22-Nov 10 12:00 PM-1:30 PM
172042 \$128/8 sess



Family Fun Pottery (4-12 yrs)

Create collaborative clay projects with your child in this fun filled hour while learning a variety of hand building techniques like pinching, slabbing, coiling and slip decoration. We will make a selection of fun and functional pieces to take home when glazed. Our clay and glazes are food safe. Program fee includes clay, glazes and firing. Fee is for one child and one adult. Please register under child's name and bring an apron. Parent participation required.

Instructor: Suling Yuen

Sa Sep 22-Nov 10 10:00 AM-11:30 AM
171974 \$128/8 sess

Music Together (0-5 yrs)

Experience Music Together® and find out how important - and how much fun - your role can be! Learn how to share the joys of music-making and the powerful benefits of having music in your young child's life. Our 9 award-winning music collections and research-based curriculum supports parents at home and keeps the music making alive all week! In our newborn to preschooler family class, each child participates at his or her own level and their natural musicality is nurtured through singing, dancing, listening, watching, and exploring the musical instruments. The whole family is welcome - parents, grandparents, caregivers-for this important family music experience. 45 minutes of pure fun each week! Parent participation is required. Music Together Licensing fee is non-refundable after the first class. Siblings attend at a reduced rate.

Instructor: Joan DeVerteuil

W Sep 19 10:30 AM-11:15 AM
178078 **FREE TRIAL**

W Sep 19 11:30 AM-12:15 PM
178080 **FREE TRIAL**

Tu Sep 25-Nov 27 9:30 AM-10:15 AM
172288 \$170/10 sess

Tu Sep 25-Nov 27 10:30 AM-11:15 AM
172289 \$170/10 sess

W Sep 26-Nov 28 10:30 AM-11:15 AM
172290 \$170/10 sess

W Sep 26-Nov 28 11:30 AM-12:15 PM
172291 \$170/10 sess

F Sep 28-Nov 30 9:30 AM-10:15 AM
172293 \$170/10 sess

F Sep 28-Nov 30 10:30 AM-11:15 AM
172294 \$170/10 sess

F Sep 28-Nov 30 11:30 AM-12:15 PM
172516 \$170/10 sess

Zumba Kids Junior (4-8 yrs) **NEW DAY**

Calling all kids! Perfect for our younger Zumba® fans! Kids get the chance to be active and jam out to their favorite music. Classes feature kid-friendly routines based on original Zumba choreography. We break down the steps, add games, activities and cultural exploration elements into the class structure. Zumba Kids helps develop a healthy lifestyle and incorporate fitness as a natural part of children's lives by making fitness fun. Classes incorporate key childhood development elements like leadership, respect, team work, confidence, self-esteem, memory, creativity, coordination, cultural awareness. Drop-in \$8. More information at <http://emilysum.zumba.com>.

Instructor: Maira Daiha

F Sep 21-Nov 30 4:00 PM-4:45 PM
183090 \$77/11 sess

Creative Arts & Music cont'd

Dance Extreme for Girls (7-12 yrs)

Come explore a number of different styles of dance with a variety of guest dance artists. Enjoy energetic exploration of movement in a welcoming and inspiring environment. Styles may include; Hip Hop, Latin Dance, Acrobatic Dance, Musical Theatre, Creative Movement and Bollywood. More info at www.kirbysnelldance.com. \$11/drop-in.

Instructor: Endorphin Rush Dance And Fitness

Tu Sep 18-Dec 4 4:30 PM-5:30 PM

171971 \$108/12 sess

Acrobatic Dance (4-7 yrs)

Leap, twirl and spin in this high energy class which involves ribbons, hoops and other fun props. Great for coordination, balance and kids learn fun new tricks to show to friends and family. No class on October 6 and November 10. More info at www.kirbysnelldance.com. \$10/drop-in.

Instructor: Endorphin Rush Dance And Fitness

Sa Sep 15-Dec 8 10:45 AM-11:30 AM

173182 \$93.5/11 sess

Little Ballerinas (3-7 yrs)

Young ballerinas explore the fun and beauty of ballet while learning the basic techniques. They will love playing with their creative expression in this fun class. Children must be able to participate without a parent in the room. There will be a presentation for parents/family on the last day. More info: www.kirbysnelldance.com. \$10/drop-in if space permits. No class on October 6 and November 10.

Instructor: Endorphin Rush Dance And Fitness
3-4yrs

Sa Sep 15-Dec 8 9:15 AM-10:00 AM

172007 \$93.5/11 sess

5-7yrs

Sa Sep 15-Dec 8 10:00 AM-10:45 AM

172008 \$93.5/11 sess

Tennis

Children's Tennis -

Red Ball Orange Ball (5-6 yrs)

The 5-6 year old program is divided into two levels. Red Ball for the Beginner; Orange Ball for the player who has taken the Red Ball Beginner previously or the 5-6 years program. Following the "Progressive Tennis Model" players will use the soft teaching Red Ball or Orange Ball, a smaller court, lower net and right sized racquets. Coach to player ratio is 6 to 1 allowing for everyone's development and improvement.

Instructor: Gord Hauka

W Oct 3-Nov 7 4:00 PM-4:45 PM

171969 \$72/6 sess

W Nov 14-Dec 19 4:00 PM-4:45 PM

183429 \$72/6 sess

Children's Tennis -

Red Ball Orange Ball (7-8 yrs)

The 7-8 year old program is divided into two levels. Red Ball for the Beginner; Orange Ball for the player who has taken the Red Ball Beginner previously or the 5-6 years program. Following the "Progressive Tennis Model" players will use the soft teaching Red Ball or Orange Ball, a smaller court, lower net and right sized racquets. Coach to player ratio is 6 to 1 allowing for everyone's development and improvement.

Instructor: Gord Hauka

W Oct 3-Nov 7 4:00 PM-4:45 PM

171970 \$72/6 sess

W Nov 14-Dec 19 4:00 PM-4:45 PM

183430 \$72/6 sess



Fitness

Karate - Ku Yu Kai

Go-Ju Ryu (6-17 yrs)

Learn Go Ju Ryu karate, the style featured in the original Karate Kid movies. Courage, Respect, Perseverance, Prudence, Self-Control, Character, Patience, Courtesy and Friendship are the principles of Ku Yu Kai. Shihan George Chan (7th degree black belt) and Sensei Julie Zilber (5th degree black belt) teach all ages and levels together in a friendly class environment. Participants may start any time and progress at their own rate. Uniform is optional for beginners. More information at www.kuyukai.com.

Instructor: George Chan

Tu Th Sep 25-Nov 1 7:00 PM-8:30 PM

171993 \$112/12 sess

Tu Th Nov 6-Dec 20 7:00 PM-8:30 PM

173229 \$130/14 sess

Yoga Kids **NEW** (5-8 yrs)

Cooperative games, theme activities, storytelling, music, and art engage the natural energy and enthusiasm of kids. Classes explore yoga poses, breathing exercises, visual imagery and relaxation techniques while conveying lessons in self expression, body image, social skills, positive thinking, and environmental awareness.

Instructor: Endorphin Rush Dance And Fitness

Tu Sep 18-Dec 4 3:45 PM-4:30 PM

177416 \$102/12 sess

Mom and Baby Barre (19+yrs)

Designed specifically for postpartum women, Fit 4 Two® Mom and Baby Barre focuses on strength, posture, core and flexibility. Inspired by a blend of ballet barre work, strength training, Pilates and yoga, barre style classes use the barre and a variety of equipment. The results, a long, lean and strong body. Pre-mobile babies only please. Drop in \$15.24, if space permits.

Instructor: Fit4Two Van Downtown/False Creek

Th Sep 13-Oct 18 10:00 AM-11:00 AM

172018 \$79.05/6 sess

Th Oct 25-Nov 29 10:00 AM-11:00 AM

172019 \$79.05/6 sess



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Registration for programs starts on August 22 at 9:00am.



Education

At Home Alone and First Aid for Kids (10-14 yrs)

This fun and active workshop helps prepare children to be at home alone and to respond to medical emergencies. Important skills are learned through interactive lessons and role play that help make both you and your child more confident when they are at home alone.

Instructor: Kidproof Safety

Sa Nov 24 10:00 AM-2:30 PM
I71939 \$40/1 sess

LEGO® Robotics FREE TRIAL (7-9 yrs)

Come and try out our upcoming educational programs! We will be showcasing LEGO® robotics, and more! There will be live demos and hands on opportunities to experience these fun and exciting programs with your kids! LEGO® is a trademark of the LEGO® Group, which does not sponsor, authorize or endorse these programs.

Instructor: ILearning Canada

Su Sep 16 10:00 AM-11:00 AM
I72003 FREE TRIAL

Su Sep 16 11:00 AM-12:00 PM
I72004 FREE TRIAL

LEGO® Robotics 1.0 (7-9 yrs)

Learn about the basics of engineering with the LEGO® WeDo 1.0 construction kits. Every day you will build, program, and complete fun team challenges. You will enhance your building and programming skills by creating cool interactive machines that move, react, and make sounds! Project list: Smart Spinner, Airplane, Sail Boat, and more!

Instructor: ILearning Canada

Su Sep 23-Oct 21 12:00 PM-1:30 PM
I72005 \$102/5 sess

LEGO® Robotics 2.0 (7-9 yrs)

Dive into a hands-on learning experience with the latest technology from LEGO®. You will create and program different projects that will challenge you to think like a scientist and an engineer. These exciting new builds will come to life by using smart hubs, gears, motors, and different sensors. LEGO® is a trademark of the LEGO® Group, which does not sponsor, authorize or endorse these programs.

Instructor: ILearning Canada

Su Sep 23-Oct 21 10:00 AM-11:30 AM
I72006 \$102/5 sess

Baby Sign Language (0-2 yrs)

Babies understand and can communicate long before they are able to speak. Research shows that babies who learn Sign Language learn quicker and talk earlier. Using songs and games learn how to teach your baby basic American Sign Language (ASL) so they can better convey their wants and needs and relieve unnecessary frustration. The instructor will teach you the signs and songs so you can practice at home. Babies can sleep during class or you can bring some toys. Newborn-24 months.

Instructor: Into Yoga

Tu Oct 23-Nov 20 11:30 AM-12:15 PM
I71940 \$64/5 sess

Private Piano Lessons (5+ yrs)

Students ages 5 and up, develop your musical ability! Lessons are customized to students level. Select your 1/2 hour lesson on Thursday or Fridays.

Instructor: Monika Oldershaw

Th Sep 13-Dec 13 3:30 PM-7:30 PM
REGISTER \$280/14 sess

F Sep 14-Dec 14 3:30 PM-8:00 PM
REGISTER \$280/14 sess



NEW at False Creek!

Little Builders: Architecture for Kids NEW (8-12 yrs)

Learn about design and architecture through fun hands-on workshops with a professional architect. Discover famous architects and buildings, play with materials, learn 2D and 3D space and become aware of the environment you live in. No class October 4.

Instructor: Maia Tarassoff

Th Sep 20-Nov 29 3:45 PM-4:45 PM
I79480 \$145/10 sess

Bully Proofing NEW (7-11 yrs)

This child safety program is designed to be preventative and proactive, so that children can avoid being bullied, and if they are bullied, know how to stop it.

Instructor: Kidproof Safety

Sa Sep 22 10:30 AM-12:30 PM
I72080 \$25/1 sess

Cyber Safe NEW (7-11 yrs)

It is estimated that two out of three households have a computer and access to the Internet. While this means access to many valuable resources, it also means that there are risks involved.

Instructor: Kidproof Safety

Sa Nov 3 10:30 AM-12:30 PM
I81329 \$25/1 sess

Literacy for Little Ones NEW ((0-3 yrs)

Bring your child to an early literacy program with a librarian from the Vancouver Public Library. There will be songs, stories, finger-plays and rhymes. Learn some great tips to support your child's literacy, and how the library can help. *Parent Participation Required*

Instructor: Vancouver Public Library

F Oct 12 12:30 PM-1:45 PM
I81640 Free

Sportball

Sportball Indoor

Soccer (4-6 yrs)

Sportball coaches develop competence and confidence on the court. Children are taught the fundamental skills necessary to excel in soccer. These include throw-ins, dribbling, trapping, passing, goalie skills and more. Classes are dedicated to skills development and putting those skills to work in an exciting, non-competitive game. To learn more visit www.sportball.ca. No class on October 7 and November 11.

Instructor: Sportball Vancouver

Su Sep 30-Dec 16 11:30 AM-12:15 PM
172076 \$166.70/10 sess



Sportball Parent and Child Soccer (2-3 yrs)

Participants are introduced to fundamental concepts of soccer and are provided the basic skills required to score with confidence in fun, exciting, skills-focused games. With the guidance and support of their Sportball Coach, parents and children zero in on soccer skills. Children are challenged according to their individual skill level and Coaches help grownups understand proven teaching techniques that can be applied outside of Sportball classes. To learn more visit www.sportball.ca. No class on October 7 and November 11. Fee includes jersey.

Instructor: Sportball Vancouver

Su Sep 30-Dec 16 10:45 AM-11:30 AM
172079 \$166.70/10 sess



Sportball Multi-Sport (3-5 yrs)

Refine, rehearse, repeat. Coaches focus on the basic skills common to all sports, like balance, coordination, stamina and timing in a fun, supportive, non-competitive setting that emphasizes teamwork. Each class focuses on one of eight popular sports. To learn more visit www.sportball.ca. No class on October 6, 27 and November 10

Instructor: Sportball Vancouver

Sa Sep 29-Dec 15 10:00 AM-10:45 AM
172077 \$150/9 sess

Sportball Parent and Child Multi-Sport (2-3 yrs)

Sportball Parent & Child programs help pre-schoolers to refine their motor skills, such as balance and coordination, as well as develop their social skills such as confidence, following instructions, turn-taking and sharing. Coaches introduce eight different sports using developmentally appropriate games and activities. This is a parent participation program. To learn more visit www.sportball.ca. No class on October 6, 27 and November 10.

Instructor: Sportball Vancouver

Sa Sep 29-Dec 15 9:15 AM-10:00 AM
172078 \$150/9 sess

Sportball Birthday Party (5-12 yrs)

Sportball offers high-energy, action-packed birthday parties for kids ranging in age from 5 - 12 years! Kids enjoy a variety of sports and supervised games in a fun, structured and safe environment; festivities finish off with a traditional birthday celebration. The kids will need to catch their breath before they blow out their candles! Parties include 60 minutes of activities followed by 30 minutes of birthday celebrations with the coach. Patrons are required to pay in full at the time of registration. Inclusions: Sportball leader, gymnasium, tables, chairs. Exclusions: decorations, table settings (plates, cutlery, cups, etc), snacks, food or beverages. Regular birthday party refund policy applies. Max. 15 kids only.

Instructor: Sportball Vancouver

Sa Sep 8 2:00 PM-3:30 PM
172070 \$220/1 sess

Sa Sep 15 2:00 PM-3:30 PM
172071 \$220/1 sess

Sa Sep 29 2:00 PM-3:30 PM
172072 \$220/1 sess

Sa Oct 13 2:00 PM-3:30 PM
172074 \$220/1 sess

Sa Oct 27 2:00 PM-3:30 PM
172075 \$220/1 sess

Sa Nov 3 2:00 PM-3:30 PM
173374 \$220/1 sess

Sa Nov 17 2:00 PM-3:30 PM
173376 \$220/1 sess

Sa Nov 24 2:00 PM-3:30 PM
173377 \$220/1 sess

Sa Dec 1 2:00 PM-3:30 PM
173378 \$220/1 sess

Sa Dec 15 2:00 PM-3:30 PM
173379 \$220/1 sess

